



**Summary of studies assessing the safety of homeopathic medicine.**

\*Authors' conclusions extracted from the abstract or full text, whichever was more succinct.

Source	Study Type	Authors' conclusion*	Safety conclusion
Dantas & Rampes 2000 <sup>1</sup>	Editorial	<i>Homeopathic medicines in high dilutions, prescribed by trained professionals, are probably safe and unlikely to provoke severe adverse reactions</i>	Probably Safe
Kirby 2002 <sup>2</sup>	Systematic review	<i>Even though the hazards from homeopathic products are modest in comparison with those of conventional medicines....[there is a] need for continued vigilance to ensure the quality and safety of products directly available to the consumer.</i>	Safe
Thompson et al 2004 <sup>3</sup>	Audit	<i>Remedy reactions are common in clinical practice; some patients experience them as adverse events. Systematically recording side effects would facilitate our understanding of these reactions...</i>	Safe
Endrizzi et al 2005 <sup>4</sup>	Prospective study	<i>Adverse events to homeopathic drugs exist and are distinguishable from homeopathic aggravations, but are rare and not severe.</i>	Safe
Marian et al 2008 <sup>5</sup>	Cross-sectional studies	<i>Homeopathic treatments were perceived as a low-risk therapy with two to three times fewer side effects than conventional care.</i>	Safe
ECCH 2009 <sup>6</sup>	Observational studies (Organisation report)	<i>...current evidence seems to confirm the claim that [homeopathic medicinal products] are safe to use and homeopathic treatment provided by statutorily regulated or self-regulated homeopaths is safe</i>	Safe
Bornhoft & Mathiesson 2011 <sup>7</sup>	Systematic review (Government report)	<i>...effectiveness of homeopathy can be supported by clinical evidence and professional and adequate application be regarded as safe.</i>	Safe
Posadzki et al 2012 <sup>8</sup>	Systematic review	<i>Homeopathy has the potential to harm patients and consumers in both direct and indirect ways. Clinicians should be aware of its risks and advise their patients accordingly.</i>	Unsafe
Jong et al 2012 <sup>9</sup>	Systematic review (Pharmacovigilance databases)	<i>...the reporting rate of [Adverse Drug Reactions] associated with anthroposophic and homeopathic solutions for injection is very low. .... These findings suggest a low risk profile for solutions for injection as therapeutically applied in anthroposophic medicine and homeopathy.</i>	Safe
Stub et al 2016 <sup>10</sup>	Systematic review and meta-analysis of randomised controlled trials	<i>...No homeopathy-specific type or pattern of side effects could be extracted from the meta-analysis data. No differences in the frequency of adverse reactions between homeopathic treatment and placebo treatment could be seen... Overall, the controlled clinical data available for the material risk assessment of homeopathic remedies support the statement that, if a risk exists, it must be so small that it has not yet been established.</i>	Safe
Habs and Koller 2021 <sup>11</sup>	Literature review	<i>...There is no clinical evidence for a material risk of non-individualized homeopathic treatments investigated in controlled trials.... if such a risk exists, it should be neglectable compared to widely accepted health risks and to daily risks of living.</i>	Safe
Stub et al 2022 <sup>12</sup>	Systematic review and meta-analysis of observational studies	<i>...the proportion of patients experiencing adverse effects was significantly higher when receiving conventional medicine and herbs, compared to patients receiving homeopathy.</i>	Safe

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