

## NEWS RELEASE

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### **Barcelona conference to unveil new evidence for homeopathy**

- Cutting edge genetic techniques applied
- Laboratory effects demonstrated
- Large-scale clinical studies reported

Evidence for the efficacy of homeopathy will take a large step forward with the presentation of major research findings at the Homeopathy Research Institute (HRI) Conference, 30 May - 2 June 2013 in Barcelona (see [www.HRIBarcelona2013.org](http://www.HRIBarcelona2013.org)).

At the conference, considered to be the most significant gathering of experts on homeopathy in a decade, scientists will report on progress in answering key questions of how homeopathy works and what it does at the genetic level. Studies will also be revealed with evidence demonstrating homeopathy's effectiveness in large-scale clinical trials.

'This is not a gathering of the faithful,' said Dr Alexander Tournier, Executive Director of the HRI. 'This is a gathering of serious scientists who are making real progress towards understanding exactly why and how homeopathy works.'

'We've been seeing the evidence in patients for years; but now we're seeing evidence at the genetic level in laboratory settings,' Dr Tournier added. 'And scientific developments in quantum physics and nanoparticles are helping us understand *how* and *why* homeopathy works.'

Researchers from 30 countries will deliver 40 presentations. Among the highlights will be:

- Results of studies applying **gene-expression techniques**, reflecting why homeopathy is effective in treating chronic conditions
- Application of cutting-edge theories of **quantum** and **nanoparticle** science to understanding the mechanism underlying homeopathy's effectiveness
- Evidence from separate experiments conducted on **laboratory animals**, in which changes resulting from homeopathic treatment are measured at the hormonal level
- A clinical study involving **8,000 patients** in France, demonstrating homeopathy's effectiveness working alongside conventional medicine in treating sleep, anxiety and depressive disorders.

- Studies on the benefits of homeopathy in treating **attention deficit hyperactivity disorder (ADHD)**
- Presentations on double blind **pathogenetic** trials, in which symptoms are induced in healthy people, thus providing evidence for the potency of homeopathic medications, and proof for the principles underlying homeopathy.

It is expected that about 170 people will attend the conference, including the Minister of Health from the Spanish state of Catalonia.

-ENDS-

## **EDITOR'S NOTES**

### **Interviews**

For interviews with conference presenters, please contact Rachel Roberts on [+44 0333 344 1660](tel:+4403333441660).

### **About the conference organisers**

The Homeopathy Research Institute (HRI) is a unique and innovative charity, created to address the need for reliable scientific evidence in homeopathy. We use our resources and expertise to foster new projects and to improve the quality of research being carried out in this field. HRI is currently the only charitable organisation dedicated to promoting high quality homeopathy research on an international level. HRI Directors include:

#### *Dr Alex Tournier BSc Cantab PhD LCHE RSHom, Executive Director*

Dr Tournier studied physics at Imperial College, London, and theoretical physics at the University of Cambridge. He wrote his PhD on the biophysics of water-protein interactions at the University of Heidelberg, Germany. Dr Tournier qualified from the Centre for Homeopathic Education with a licentiate in homeopathy. He is currently conducting interdisciplinary research at the boundaries between mathematics, physics and biology, as an independent researcher for a leading international research organisation.

#### *Ms Rachel Roberts BSc(Hons) MCH FSHom, Chief Executive*

Rachel joined the Homeopathy Research Institute in March 2010. She has a first class honours degree in Biological Sciences (Physiology) from the University of Birmingham and has been in private practice as a homeopath since graduating from The College of Homeopathy, London in 1997. Rachel has lectured in homeopathy and medical sciences at various colleges in the UK and overseas. She held the post of Research Consultant for the Society of Homeopaths from 2008-2012. Rachel was awarded an Honorary Fellowship in 2013 to acknowledge her outstanding contribution to Homeopathy.

See our website for more information: <http://www.homeoinst.org/>

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